BOREDOM BUSTERS...

THINGS TO DO IN THAMESMEAD - THIS SUMMER HOLIDAY -



MAN

SUMMER SORTED HIGH ROPES * STREET DANCE FOOTBALL COACHING * FILMS BUG HUNTING * ARCHERY GLEE SUMMER SCHOOL PICNICS * BIRD WATCHING RECORDING SESSIONS * COOKERY BAT HUNTING * SOFTBALL NETBALL * PHOTOGRAPHY GOLF * INDOOR ROCK CLIMBING

The end of the school year is nearly here and to celebrate, we have put together a fantastic summer programme of activities that is bursting at the seams.

Put together by Trust Thamesmead and some of its partners, the programme runs 23 July – 30 August and there is something for everyone from Bat Hunts, Bug Hunts, Bird Watching and Picnics to Archery, Indoor Climbing, High Ropes, Recording Sessions, Street Dance/Hip Hop classes, and week-long Glee Summer School, Football, Tennis, Cricket and Netball courses.

We look forward to seeing you soon!

T. 020 8320 4499

Spaces (unless stated) are on a first come, first served basis, so call us or pop in to meet our team at The Link Thamesmead Belvedere Road (just under the elevated roundabout on Harrow Manor Way).

Please note staff are fully qualified and CRB checked.



HIGH ROPES

Bexley Youth Service at The Link Thamesmead 23 July 1 & 20 August 9-10:30am (9-11yrs) 11am-12:30pm (11-18yrs) 1:30-3pm (9-18yrs) £7 per session

Experience the challenge and achievement of high ropes courses including crate stacking, Jacob's Ladder and Gladiator Challenge.

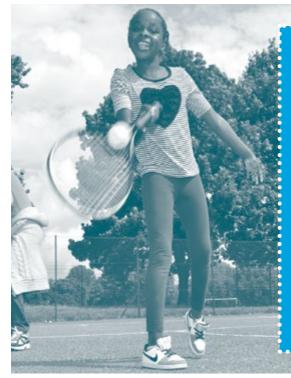
Don't forget to wear loose clothing and comfortable shoes and take a hair band if you have long hair. No energy drinks allowed.

TENNIS COACHING

Shooters Hill Lawn Tennis Club at Sporting Club Thamesmead 5 - 9 August 10am-3pm (8-13 yrs) £9 per day £39 five day access

If you fancy yourself as the next Andy Murray or Serena Williams, this is the course for you, whether or not you have played before. Includes coaching, games and drills on a hard-court surface.

So stop the racket and get ready to pick one up instead! Please wear suitable clothing and trainers and take a packed lunch and water too.





INDOOR ROCK CLIMBING

Bexley Youth Service at The Link Thamesmead 25 July 6, 15, 22 August 9-10:30am (9-11yrs) 11am-12:30pm (11-18yrs) 1:30-3pm (9-18yrs) £7 per session

Aim high this summer and learn how to climb, tie knots and belay a climber under supervision.

Don't forget to wear loose clothing and comfortable shoes and take a hair band if you have long hair. No energy drinks allowed.



FOOTBALL COACHING

Charlton Athletic Community Trust & Thamesmead Town FC at Sporting Club Thamesmead 29 July – 2 August 10am-3pm (5-13 yrs) £9 per day £39 five day access

If you're into football you've already scored! Delivered by qualified coaches, this week-long course will include coaching, skills and tournaments.

Played on a 3G pitch so trainers or moulded boots are fine (no metal studs) and shin pads are a must. Bring a packed lunch, bottle of water and have some fun!

Certificates will be awarded to all.



FREE BUG HUNTS

Trust Thamesmead's Childcare 30 July 11am-12pm* 1:30-2:30pm** £ FREE

Calling all nature detectives! Take part in these free bug hunts and look for small beasts including ladybirds and other insects, slugs and snails. Prize for best minibeast fancy dress! Why not take along a picnic and take advantage of the swing parks in the local areas too?

Please make sure children wear sensible shoes and clothes dependant on the weather. Participants will be asked to fill in a medial form. These activities will take place in the rain but cancelled in high winds, lightning storm or hailstones.

The activity is for everyone with children aged 3-8 year olds. Please note that children must be accompanied by an adult.

*Crossway Park, meeting at Sporting Club Thamesmead. ** Broadwater Green, West Thamesmead

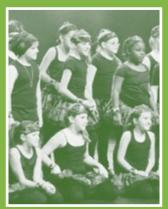


ARCHERY

Bexley Youth Service at The Link Thamesmead 30 July 8, 27 August 9-10:30am (9-11yrs) 11am-12:30pm (11-18yrs) 1:30-3pm (9-18yrs) £7 per session

To have the opportunity to become Robin Hood and Maid Marion, experience the challenge and achievement of indoor Archery.

Don't forget to wear loose clothing and comfortable shoes and take a hair band if you have long hair. No energy drinks allowed.



GLEE SUMMER SCHOOL

Theatre Street Performing Arts at The Link Thamesmead 5 - 9 August 10am-12pm (4-7 yrs) £40* 12:30-5pm (8-19 yrs) £80*

A week-long performing arts summer school including street dance and singing songs from the hit TV show Glee with a finale performance for family and friends.

Please book direct with Theatre Street Performing Arts, T: 07525 687851

*Discounts are available for siblings and families



PICNIC

London Wildlife Trust at Tump 53 6 August 11am-3pm £ FREE

Free family fun for everyone with children aged 4 and over. Come and take a walk on the wild-side with bug hunts, pond dipping, making butterfly feeders, bee homes and arts and crafts whilst taking-in a photography exhibition of local wildlife. Don't forget a comfy rug and picnic.

Children must be accompanied by an adult. No prior booking needed, just turn-up on the day.



BOOK NOW > 020 8320 4499

The Link Thamesmead is a stunning state-of-the-art community hub located in Belvedere Road, under the Harrow Manor Way flyover in Thamesmead. It is a unique building that has to be seen to be believed!

Get involved!

Activities: Dance, Drama, Singing, Fitness Gym, Bike Workshops, Cookery, Photography, Gym, Film Club, Faith Meetings & More

Opportunities: Volunteering, Accredited & Non-accredited Courses

Facilities: Recording Studio, Rehearsal Room, IT Suite, Meeting Rooms, 160 seat theatre & a welcoming Cafe serving a range of tasty, great quality drinks, snacks and cakes!

Make your connection at: thelinkthamesmead.co.uk





BIRD WATCHING & NATURE TRAIL

Bexley RSPB meeting at The Link Thamesmead 7 August 10am-1pm (7+yrs) 2-5pm (7+yrs) E5 per child accompanying adult free*

Always wanted to tell the difference between birds just by their sound or look? Now's your chance on this guided walk around Southmere Lake and Crossness Southern Marshes.

Type of talk and length of walk will depend on ages of participants. Take a drink and binoculars if you can (not essential). Please wear suitable outdoor clothing and footwear (wellies advisable).

£1 from every paying customer will be donated to the RSPB.

*Children must be accompanied by an adult - maximum three children per adult



RECORDING SESSIONS

Theatre Street Performing Arts at The Link Thamesmead 12 & 13 August 10am-1:30pm (7-19yrs) 2:00-5:30pm (7-19yrs) £12 per session

Calling all wanna-be recording artists, whether you sing like Beyonce or rap like Jay-z, this is the place to be! These 3.5 hour slots will give you the chance to rehearse and record in The Link Thamesmead's state-ofthe-art Recording Studio and Rehearsal Room.

Please book direct with Theatre Street Performing Arts, T: 07525 687851



STREET DANCE & HIP HOP

Theatre Street Performing Arts at The Link Thamesmead 13 & 14 August 10:30am-11:30am (3-6 yrs) 12-2pm (7-10 yrs) 2-4pm (11+ yrs) £4 for under 7yrs £8 for 7yrs and over

Whether you have experience in Street Dance or you want to learn something new, if you have the urge to move like Diversity or Flawless, this is the class for you!

Please book direct with Theatre Street Performing Arts on: 07525 687 851



BOOK NOW > 020 8320 4499



NETBALL COACHING

Abbey Angels at Sporting Club Thamesmead 27 – 30 August 10am – 3pm (8-13 yrs) £9 per day £32 four day access

Are you better in goal or attack? Don't know? Well now is your chance to find out in this four-day netball course which will include coaching, games and tournaments.

Please wear suitable clothing and trainers and take a packed lunch and water too.



FAMILY FUN DAY

Sporting Club Thamesmead 24 August Open to everyone* Events from 10am **£ FREE**

Over the Bank Holiday weekend, Sporting Club Thamesmead will be holding a free family fun day and you are invited!

Go along with friends and family to look around your fantastic new community sports and leisure centre, meet the team and, if you fancy it, sign-up for one or more of the free taster sessions we will be running throughout early September

You will also be able to sign-up for our Access Thamesmead card giving you all sorts of benefits including priority bookings, discounts and special offers at Sporting Club Thamesmead and The Link Thamesmead.

*All children must be accompanied by an adult



DIGITAL PHOTOGRAPHY

Archway Project at The Link Thamesmead 30 July 6, 13 August 10am-12:30pm 1:00-3:30pm 11-19 yrs **£5 per session**

These sessions will cover basic photography and digital editing, so you are confident in the future to take snap shots of your family and friends and the different events you attend to put together your very own photo album of memories that will last you a lifetime.



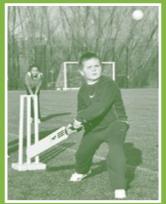
BAT HUNTING

Crossness Nature Reserve / Thames Water meeting at The Link Thamesmead 16 & 23 August 8-9:30pm (7+ yrs) £3.50 adult £2.50 child £8 family ticket 2 adults & 2 children

Look forward to spotting a range of bats on these sunset Bat Hunts around Southmere Lake and Crossness Southern Marshes, where you will learn how to identify them by using the frequency and sound from a bat detector. There will be a quiz before the walk starts.

Type of talk and length of walk will depend on ages of participants. Take a torch if you have one (not essential). Please wear suitable outdoor clothing and footwear. Please note that all children must be accompanied by an adult.

£1 from every ticket will be donated to the Bat Conservation Trust.



SOFTBALL CRICKET COACHING

Greenwich District Cricket at Sporting Club Thamesmead 19 – 23 August 10am-3pm (8-13 yrs) £9 per day £39 five day access

Be bowled-over by this weeklong softball cricket course which will combine coaching, drills and fun games.

You will play on a 3G pitch, so trainers or moulded boots are fine (no metal studs) and shin pads are a must.

Remember to bring a packed lunch, bottle of water and have some fun!



FILM IN-A-WEEK

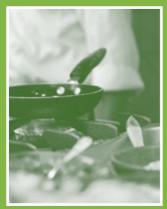
Pixelform Studios at The Link Thamesmead 19 – 23 August 10am-4pm (14-19 yrs) £25 for the week

Learn every aspect of filmmaking from ideas, scripting, camera, lighting and sound to directing, making and editing in this week-long 'film in a week' course. Spielberg eat your heart out!

It's going to be hungry work so don't forget your packed lunch!



BOOK NOW > 020 8320 4499



COOKERY CLASSES

Archway Project at The Link Thamesmead 31 July 7, 14, 21 & 28 August 10am-12:30pm 1-3:30pm 11-19 year olds £5 per session

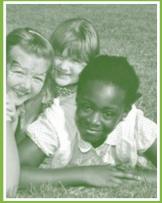
Cook up a storm with these yummy recipes and learn how to cook following step-bystep instructions. Sounds like hungry work to us, be sure to reward yourself with the finished product afterwards.



GOLF COACHING

Thamesview Golf Club 12 – 14 August 10am-1pm (8-13yrs) E5 per session

Learn how to play golf. Keep it up and you may even give Tiger Woods a run for his money! Don't forget to wear comfy clothes and take a snack and a drink to keep you going.



NATIONAL PLAY DAY

Trust Thamesmead at Crossway Park 1 August 11am-3pm £ FREE

Join in the fun games as we celebrate National Play Day. Why not take a picnic and make a day of it?

Free family fun for everyone. Children must be accompanied by an adult. No prior booking needed, just turn-up on the day.



Come and have a look for yourself. The newest sports and fitness facility is now open in Thamesmead on Bayliss Avenue.



Book one of our fun summer activities now! 020 8320 4499

trust-thamesmead.co.uk thelinkthamesmead.co.uk sportingclubthamesmead.co.uk



The Link Thamesmead Belvedere Road, SE2 9BS

Sporting Club Thamesmead B) Bayliss Avenue, SE28 8NJ

Tump 53 C Off Bentham Road SE28 8AS



D Broadwater Green Off Whinchat Road, SE28 0DP

E Crossway Park Off Bayliss Avenue, SE28 8NJ

Thamesview Golf Centre E Fairway Drive, SE28 8PP



The small print... Whilst every effort will be made to ensure that the activities will be as advertised, Trust Thamesmead reserves the right to change the

