

Get Involved!**Friday 6 June – 11:00am to 3:00pm**

The Link Thamesmead, Belvedere Road, Off Harrow Manor Way, SE2 9BS

Find out all about volunteering, what you can get out of it and take part in a clean-up activity. This event is also for community groups to gain tips on governance and running a community group.

Self-Defence & Zhan Zhuang**Monday 9 June & Monday 16 June – 4:30pm to 5:30pm**

Jubilee Community Centre, off Lytton Stratchey Path, Thamesmead SE28 8DU

Learn the basics of self-defence and the art of Zhan Zhuang upper body movements for inner peace, relaxation and improving circulation.

Adult Dance Mix**Tuesday 10 June – 7:30pm to 8:30pm and Friday 13 June – 10:00am to 11:00am**

Thamesmead School of Dance, Byron Close, Thamesmead SE28 8AA

Have fun whilst learning different dances from salsa to ballroom!

Wild about Wildlife**Thursday 12 June – 11:00am to 1:00pm**

Tump 53, off Bentham Road, Thamesmead SE28 8AS

Find out all about the wildlife in Thamesmead.

I.T. Drop In Surgery**Friday 13 & Friday 27 June – 10:00am to 4:00pm**

Arnott Community Centre, 3 Arnott Close, Thamesmead SE28 8BG

Find out what you could do on a computer.

Introduction to Touch Typing (*please book as places are limited)**Monday 16 June – 10:15am to 12:15pm**

Thamesmead Library, Binsey Walk off Belvedere Road (opposite The Link), SE2 9BS

Learn and practice techniques for touch typing and increasing your speed.

Smart Money Workshop (*please book – crèche available)**Tuesday 17 June – 9:30am to 11:30am**

Waterways Children's Centre, Southwood Road, Thamesmead SE28 8EZ

Wednesday 18 June – 11:00am to 1:00pm

Church of the Cross, Lensbury Way, South Thamesmead SE2 9UE

Find out how to make your money go further, about low interest loans and avoiding the debt trap.

Mobile Technology (*please book as places are limited)**Tuesday 17 June****2:30pm to 4:00pm**

Broadwater Village Hall, 1c Goosander Way, Thamesmead SE28 0ER

4:30 to 6:00pm

Manor Close Community Hall, 40 Manor Close, Thamesmead SE28 8EY

Find out how to get the best out of your tablet or smartphone.

Zumba**Wednesday 18 June – 10:30am to 11:30am & 12:00pm to 1:00pm**

Jubilee Community Centre, off Lytton Stratchey Path, Thamesmead SE28 8DU

This Latin dance is easy to follow, effective and most of all, fun!

Grow Your Own**Thursday 19 June – 10:30am to 12:30pm**

Good Life Garden, Birchmere Park, SE28

Get an overview of gardening and growing, learn some tips and find out how to be part of the group.

Practical Drama for Adults (*please book as places are limited)

Thursday 19 June – 12:00pm to 1:00pm

Jubilee Community Centre, off Lytton Stratchey Path, Thamesmead SE28 8DU

Tuesday 24 June – 2:00pm to 3:00pm

Broadwater Village Hall, 1c Goosander Way, Thamesmead SE28 0ER

Get a bit of drama in your life and unleash the hidden actor in you!

Italian Beginners – A Taste of Italy (*please book as places are limited)

Thursday 19 June – 2:00pm to 3:00pm

Jubilee Community Centre, off Lytton Stratchey Path, Thamesmead SE28 8DU

Tuesday 24 June – 3:00pm to 4:00pm

Broadwater Village Hall, 1c Goosander Way, Thamesmead SE28 0ER

This fun introduction will teach you the basic pronunciation rules and a few useful sentences to start a conversation.

IT & Biscuits

Friday 20 June – 10:30am to 12:00pm

Thamesmead Library, Binsey Walk off Belvedere Road (opp The Link), SE2 9BS

Find out more about using technology, smartphones and tablets.

Art (*please book as places are limited)

Friday 20 June

4:30pm to 6:00pm

Manor Close Community Hall, 40 Manor Close, Thamesmead SE28 8EY

6:30pm to 8:00pm

Arnott Community Centre, 3 Arnott Close, Thamesmead SE28 8BG An enjoyable session suitable for complete beginners and those with experience. Learn and develop new drawing and painting skills in a fun and relaxing environment.

Creative Writing (*please book as places are limited)

Tuesday 24 June – 4:30pm to 6:30pm

Manor Close Community Hall, 40 Manor Close, Thamesmead SE28 8EY

If you have ever wanted to write a poem, play, novel or short story, come along and hear how to get started.

Energy Awareness (*please book as places are limited)

Wednesday 25 June – 10:00am to 12:00pm

Trust Thamesmead, 19a Joyce Dawson Way, SE28 8AR

Understand the energy consumption in your own home and what you can do to reduce it and save money!

Craft Knitting (*please book as places are limited)

Thursday 26 June – 11:00am to 1:00pm

Jubilee Community Centre, off Lytton Stratchey Path, Thamesmead SE28 8DU

Come along and learn a couple of basic knitting stitches.

Community Interpreting (*please book as places are limited)

Thursday 26 June – 4:00pm to 6:00pm

Arnott Community Centre, 3 Arnott Close, Thamesmead SE28 8BG

Would you like to use your language skills to help your community? Working as a community interpreter can be very rewarding. Come along to find out more about what is involved.

Permaculture (*please book as places are limited)

Saturday 28 June – 11:00am to 1:00pm

Arnott Community Centre, 3 Arnott Close, Thamesmead SE28 8BG

What is permaculture? Is it about growing food, reducing waste...? Pop along and find out!

For further information or to book your place in advance, contact Trust Thamesmead's

Community Development Officer, Lisa Ann Newton, T: 020 8320 4470 or E: lanewton@trust-thamesmead.co.uk